

# EMPOWER, LLC

## Registration and Release Form – Expiration March 2020

### Athlete Information

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Address: \_\_\_\_\_  
School Name: \_\_\_\_\_ Team: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

### Parent/Guardian Information

Name: \_\_\_\_\_ Relationship to Athlete: \_\_\_\_\_ Address: \_\_\_\_\_  
Phone: \_\_\_\_\_ E-mail Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

### Emergency Contact Information and Permission to Render Assistance

Emergency Contact (other than parent): \_\_\_\_\_

Phone Number: \_\_\_\_\_ Relationship to Athlete: \_\_\_\_\_

Does the athlete have any medical conditions or medications of which we should be aware? \_\_\_\_\_

If yes, please explain below: \_\_\_\_\_

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I understand that the employees, coaches, agents, teachers, and volunteers of EMPOWER, LLC are not physicians or medical practitioners of any kind. In the event the Athlete is injured or becomes ill during training with personnel from EMPOWER, LLC, I do not expect that the EMPOWER, LLC personnel will provide medical care to the athlete. Nevertheless, I hereby agree that EMPOWER, LLC personnel may render first aid to the athlete in the event of an injury or illness, and if deemed necessary by EMPOWER, LLC personnel, to call a physician and to seek medical help, including transportation by EMPOWER, LLC to any health care facility or hospital.

### Acknowledgement and Assumption of Risk and Waiver of Liability

I represent I am the legal guardian of \_\_\_\_\_ (“Athlete”) and hereby consent to the athlete’s participation in the programs of EMPOWER, LLC (hereafter referred to as the “Company”) or other programs or events conducted in association with EMPOWER, LLC (“Programs”). I recognize that participation in any or all the programs will include a variety of activities including without limitation to gymnastics, tumbling, flipping, stunting, conditioning, acrobatics, and/or trampoline activities (“Cheerleading Activities”). I understand that safe, professional instruction in cheerleading instructions may include hands-on spotting (i.e. physical contact) with the athlete. I further understand that cheerleading activities inherently have significant risks of injury due to many factors including but not limited to the use of equipment, exposure to heights, lights, loud music, fast motions, being inverted, or coming into contact with other people, or with hard or stationary structures. Furthermore, these risks exist even if all due care is taken, but may be even more prominent in the event of the negligence of any employee or agent of the company or of another athlete, or due to the features of the premises on which the programs and cheerleading activities are conducted. I understand that severe injuries could result from the athlete’s participation in cheerleading activities and/or one or more of the programs, and that such injuries may include contagious diseases, cuts, bruises, broken bones, concussions, paralysis, permanent or serious disfigurement, or death. I also recognize that efforts to provide first aide or other assistance to the athlete may result in unintended increased injury to the athlete. Although the risk of injury due to due to participation in the cheerleading activities and/or the programs cannot ever be eliminated, I agree to advise the athlete of the aforementioned risks, and to encourage the athlete to follow any safety rules and other instructions provided by EMPOWER, LLC. I represent and warrant that there is now in place, and there will continue to be during all times that the athlete is participating in cheerleading activities and/or programs, proper hospitalization, health, and accident insurance coverage, which I consider adequate for the athlete in regards to his or her participation in the cheerleading activities and/or programs. With knowledge of the aforementioned risks, on behalf of the athlete and myself, and all other persons with the ability to make a claim through or on behalf of the athlete, I hereby assume the risks of the athlete’s participation in the cheerleading activities and/or programs, and hereby release EMPOWER, LLC, its owner, employees, coaches, agents, teachers, and volunteers (collectively the “Company Personnel”) from all claims and/or liability for damages and/or injuries of any kind of nature suffered by the athlete on account of the athlete’s participation in the cheerleading activities and/or programs. I understand that EMPOWER, LLC is relying on the representations made herein, as well as this assumption of risk and release of liability, in agreeing to allow the athlete to participate in the cheerleading activities and/or programs. I agree to indemnify and hold EMPOWER, LLC Personnel harmless with respect to any claims made against EMPOWER, LLC Personnel by or behalf of the athlete arising out of the athlete’s participation in the cheerleading activities and/or programs. I agree and acknowledge that I am under no pressure or duress to sign this agreement and that I have been given a reasonable opportunity to review this form before signing. I further agree and acknowledge that I am free to have my legal counsel review this agreement if I so desire.

**THIS FORM INVOLVES SUBSTANTIAL LEGAL RIGHTS. BY SIGNING BELOW, YOU REPRESENT YOU HAVE READ FULLY AND UNDERSTAND THE CONTENTS OF THIS FORM AND AGREE TO BE BOUND THEREBY.**

\_\_\_\_\_  
Parent or Legal Guardian Signature

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date